

## **Microwave illness and the practical use of homeopathy and diet.**

“The psoriatic miasm revisited, the desecration of the Garden and our covenant to live in it. Putting it all into perspective. The covenant is written into us.”

In around the 1820 Samuel Hanemann, who is considered the grandfather of modern homeopathy, coined the notion of three general misasm which afflict the human condition. One of these was the psoriatic misasm, which is characterized by dry skin, polypoid skin eruptions and other variable features. Empirically he found that three remedies in particular seemed to help or restore the constitution of a stricken individual. He did not know exactly what caused the illness but he carefully described its features and described three homeopathic remedies, which seemed to be most helpful in treating this condition. This became the cornerstone of homeopathic prescribing to the present day. The three great remedies, which he referred to as Polycrests, for this condition were calcium carbonicum, sulfur and lycopodium. Lycopodium is a remedy made from club moss.

The treatment that he described seemed to revolve around a single clinical syndrome that overlapped. What Hanemann could not have realized was that he was treating a single condition and addressing the signature of the individual biochemical signatures of the illness. Pathology or the changes that occur in an illness can often be the basis for prescribing for that illness. That is the changes define how the body is changing or has changed. For instance if one is anemic one only has to detect a low blood count. The low blood count is the definition of the condition and becomes the basis for treating it. What has been found that if an organism deviates from eating whole foods, lives in a contaminated environment, has heavy metal toxicity certain distinct reproducible changes seem to occur and is common to all these different conditions. The first is that in many of these insults is that the body decreases its absorption of calcium and increases its excretion of calcium. Increased excretion of calcium can result in osteoporosis, and also in stones of the urinary tract. Another feature is the increased secretion of uric acid. Uric acid secretion can occur from too much protein in the diet but at the same time is an observable feature of a reaction to breakdown of cellular DNA. Normally if one eats a fresh diet, which contains fresh seeds and root products or tubers, this tends to act to offset fungal overgrowth in the gut and other parts of the body. At the same time fungi contribute to the transport of retroviruses, RNA and DNA viruses. The fungi facilitate retroviral growth will produce factors which facilitate the introduction of the viruses into the body and also inhibit the body's immune defenses. The introduction of heavy metals, the presence of inorganic sources of calcium and magnesium tend to foster this unhealthy relationship. Normal seed and root products contain substances, which are anti-viral, anti-bacterial and anti-fungal in nature and keep this process in check. However if the ecology of the gut or the diet is disturbed, or is affected by outside influences the body breaks down in a predictable pattern. What is noticed is that with any disturbance the cells will automatically excrete calcium. This has several effects amongst them is the inhibition of the secretion of growth factors and insulin. At the same time there is a breakdown of cellular DNA, which leads to an increased excretion of uric acid. Also the levels of metals go up at the cellular level or at the level of the interface between the body and the outside world gut. Malabsorption ensues, along with a low-grade fungal and viral

infection. Micronutrients are malabsorbed; protein breaks down in the body. The gut swells while the individual dehydrates. Their skin and mucous membranes become drier. Often the skin will start to erupt with dry patches, which have been classically described as psoriatic in nature. Accompanying many of these dry patches is the development of polyps or polypoid growths. These can occur anywhere but most commonly show up on the hands, colon and nasal tract, i.e. a so-called association with nasal allergies that is at most a low-grade fungal overgrowth of the mucous membranes of the nose and respiratory tract.

So an individual who has either been suffered from environmental contamination or has deviated from a sound diet seems to be a set up for the same overlap of clinical conditions. That is fungal overgrowth, with low-grade persistent viral infections associated with Malabsorption and a general breakdown of the condition of the physical body, including the formation of dry scaly lesions of the skin and formation of polyps on the interfacing surfaces of the body, i.e. skin, respiratory membranes and mucous membranes of the GI tract.

What is most amazing is that Hanemann had indirectly stumbled on the appropriate Homeopathic remedies to address the underlying chemical imbalances that were occurring. What is most notable is that *Calcarea carbonicum* is particularly good for addressing calcium imbalance disorders, most noticeably the failure to absorb calcium and to address the increased excretion of calcium. Sulfur was an apt choice. What is interesting about sulfur are several things. Sulfur seems to be pivotal in dealing with viral infections. It is also very useful as a chelating agent, that is get rid of metals and toxins and also seems to have a favorable affect on water balance in cells. Last but not least *Lycopodium*, is a mold product, which has a favorable effect on the liver and thus the detoxification of the body and gut.

Based on the law of Similiars Samuel Hanemann had aptly described three particular remedies which were focused on the particular pathologic imbalances set up in this condition. He correctly described remedies, which addressed the issue of calcium imbalance, detoxification through the use of sulfur and the elimination of fungi through the use of *Lycopodium*.

In spite of the era in which the discovery was made, the issues still remain the same. Modern illness to the body is still illness and it will resort to the same mechanism to repair itself. What Hanemann could not have seen was that the psoriatic misasm was the byproduct of a toxic diet and the consequences of fungal and viral overgrowth in the body. The same mechanism can result from the insult from microwave illness, to vaccinations, to poor diet, overly processed foods or affecting the overall ecology of the environment we live in. It seems that the covenant of nature is written into us. If we view nature in light of its sacredness and ability to support life we will do all right. On the other hand if we deviate we only destroy ourselves. What Hanemann could not have seen in his time but it applies equally in ours is that when we desecrate the garden we put all of us in jeopardy. That the psoriatic misasm was a sign of our transgressing against nature.

Sincerely

Gerald Goldberg, MD

Author: "Would you put your head in a microwave oven?"

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